

Thelwall Community Infant School Personal Social Health Relationships and Economic Education Policy

This policy was drafted in May 2020

The policy is due for review in May 2021

Approved by governors Autumn 2020

Signed (Chair of governors)

PSHRE policy review date

To continue to ensure effective provision, the policy will be reviewed annually by the Head Teacher and PSHRE lead.

Development

This PSHRE policy has been developed by and in consultation with

- Head Teacher
- PHSRE co-ordinator
- Governors
- Parents and Carers

Legislation

The Relationships Education, Relationships and Sex Education and Health Education (England) Regulations 2019, made under sections 34 and 35 of the Children and Social Work Act 2017, make Relationships Education compulsory for all pupils receiving primary education and Relationships and Sex Education (RSE) compulsory for all pupils receiving secondary education. They also make Health Education compulsory in all schools except independent schools. Personal, Social, Health and Economic Education (PSHE) continues to be compulsory in independent schools.

Schools are required to comply with relevant requirements of the Equality Act 2010. Further guidance is available for schools in The Equality Act 2010 and schools advice. Schools10 should pay particular attention to the Public sector equality duty (PSED) (s.149 of the Equality Act). 28. Under the provisions of the Equality Act, schools must not unlawfully discriminate against pupils because of their age, sex, race, disability, religion or belief, gender reassignment, pregnancy or maternity, marriage or civil partnership11, or sexual orientation (collectively known as the protected characteristics).

Statutory guidance

Relationships education, relationships and sex education (RSE)

Secretary of State Foreword (taken from Department for Education Statutory guidance) Today's children and young people are growing up in an increasingly complex world and living their lives seamlessly on and offline. This presents many positive and exciting opportunities, but also challenges and risks. In this environment, children and young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way.

This is why we have made Relationships Education compulsory in all primary schools in England and Relationships and Sex Education compulsory in all secondary schools, as well as making Health Education compulsory in all state-funded schools.

The new Government guidance sets out the content for Relationships Education in primary schools under the following headings:

• Families and people who care for me

- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

There is widespread agreement that children need to be able to recognise abusive behaviour and to know how to seek help if they are worried about abuse or experience it. The new guidance states that by the end of primary school all children should know: 'how to report concerns or abuse, and the vocabulary and confidence needed to do so'.

The new statutory Relationships Education will be delivered within our wider PSHRE curriculum and will be implemented at Thelwall Infant School from September 2020.

Our vision for Personal social health relationship and economic education at Thelwall Community Infants School is:

To equip children with the skills, knowledge and understanding needed to form healthy meaningful relationships that are based on respect for themselves as well as others, and to understand the importance of physical and mental well-being and ways to achieve this

Our aims:

- to provide children with knowledge of the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other children and with adults.
- to help children develop and understanding of how to be healthy and support their own physical health and mental wellbeing.
- to reflect the law in our teaching (including the Equality Act 2010) as it applies to relationships.
- to foster pupil's wellbeing and help them develop the resilience and character that we know are fundamental to pupils being happy, successful and productive members of society.
- to give children the knowledge they need to stay safe (including online)
- to underpin all aspects of Relationships Education with our School Values (Friendship and Co-operation, Honesty, Thoughtfulness, Respect, Perseverence, Happiness) and British Values (Democracy, Rule of Law, Individual Liberty, Mutual Respect and Tolerance for those with different faiths and beliefs)

Roles and responsibilities

Responsibility for the PSHRSE policy in our school lies with the PSHRE lead and the governing body.

The PSHE Education lead is Fran Mullarkey.

The governor with responsibility for Healthy School is Ash Catherall.

Delivering a broad and balanced curriculum

Every state funded school including special schools maintained, free and academies- must offer a curriculum that: 'Promotes the spiritual, moral, cultural, mental and physical

development of pupils at the school and of society, and prepares pupils at the school for the opportunities, responsibilities and experiences of later life'.

Organisation and Delivery of Personal, Social, Health, Economic and Relationships Education at Thelwall Community Infant School

The PSHRE subject leader and Head Teacher are responsible for the organisation of Personal, social, health, relationship and economic Education at Thelwall Infant School. It will be taught by all teachers and supported by teaching assistants. Relationships Education is an integral part of Personal Social Health and Economic education and is taught primarily through our Values Curriculum, including British Values, and also through, Science, Religious Education, Computing (esafety), Physical Education, as well as through assemblies.

Curriculum design

The 12 statutory elements of the PSHRE curriculum are taught through 6 themes which incorporate our values, one each half term. Autumn term 1: Friendship and Co-Operation

Autumn term 2: Families and happiness

Spring term 1: Families, Respect (+anti bullying) and keeping safe

Spring term 2: Honesty and the world around us

Summer term 1: Thoughtfulness and healthy lifestyles

Summer term 2: Healthy minds perseverance and hope.

Safeguarding

Relationships education plays a vital part in meeting safeguarding obligations. The 2016 DfE Statutory guidance 'Keeping children safe in education' states that schools and colleges should ensure children are taught about safeguarding, including online. For further information please see the statutory <u>Keeping children safe in education guidance</u> for schools and colleges on safeguarding children

Wellbeing

- <u>Section 10 of the Children Act 2004</u>, provides a duty for schools to cooperate with local authorities to improve the wellbeing of children and young people, including physical and mental health and emotional wellbeing.
- <u>Section 175 of the Education Act 2002</u> provides a duty on maintained schools to safeguard and promote the welfare of pupils.
- <u>Section 38 of the Education and Inspections Act 2006</u> amends Section 21 of the Education Act 2002, to state that "The governing body of a maintained school shall, in discharging their functions relating to the conduct of the school (a) promote the well-being of pupils at the school."

Through our PHSRE curriculum we aim to ensure that children;

- Feel loved, trusted, understood, valued and safe
- Are interested in life and have opportunities to enjoy themselves
- Are hopeful and optimistic
- Are able to learn from mistakes and have opportunities to succeed
- Accept who they are and recognise what they are good at
- Have a sense of belonging in their school and community
- Are able to cope when something is wrong (resilience) and the ability to solve problems.

Equality

Under the <u>Equality Act 2010</u>, schools and colleges must promote equality of opportunity and take positive steps to prevent any form of discrimination, either direct or indirect, against those with 'protected characteristics' (age, disability, gender reassignment, race, religion or belief, sex, sexual orientation, marriage and civil partnership, pregnancy and maternity).

Relationship Education for the children of Thelwall Infant School will be inclusive, meeting the needs of all children including those with special educational needs and disability and be delivered in a context of gender and LGBT equality.

Overall:

A broad programme of RSE, delivered effectively in education and at home, prepares children and young people for the realities of the modern world, and is vital for keeping children and young people safe. It protects them from the dangers of exploitation and abuse, as well as providing them with the knowledge and skills to develop healthy and fulfilling relationships.

At primary (infant) age, it helps them identify what areas of the body are private and who they can talk to if they are worried. It promotes an awareness of where to turn for help, identifying trusted adults in their lives. RSE also provides an opportunity to integrate an awareness of resilience-building as part of effective PSHRE.

The right to withdraw

There is no parental right to withdraw their child from Relationships Education (Parents have the right to request that their child be withdrawn from some or all of sex education delivered as part of statutory Relationships and Sex Education which becomes statutory at Secondary school)

Engaging stakeholders

We recognise that the role of parents in the development of their children's understanding about relationships is vital. Parents are the first teachers of their children. They have the most significant influence in enabling their children to grow and mature and to form healthy relationships

We are committed to working with parents and carers to ensure they are fully aware of what is being taught. We continue to encourage home school liaison through shared home school activities e.g. healthy schools week, walk to school Wednesday, parents to lunch etc. This policy will be published on the school website.

Monitoring, reporting and evaluation

The PSHRE lead will monitor delivery of the PSHRE curriculum through monitoring of class floor books and discussion with children and with teaching staff to ensure consistent and coherent curriculum provision. Evaluation of the effectiveness of teaching and learning will be conducted through Staff meetings and discussion with children to review and share experience.